

May 2010

This is just a quick note to say that I have attended the last "Hug From Mum" course at Fleetwood Sports College. It is with thanks to this course that my son has now a different approach to food. I myself have learned new skills and methods of making and preparing of dishes, we have been taught together. My son now enjoys planning our weekly menu, and shopping for new ingredients.

I would like to thank our teacher Angie and would recommend this course to all parents, needing a little help with food challenges.

Yours



To Anjie,

Thankyou for  
teaching us how  
to cook!

Love, Skye, Ethan  
+ Jenny



## Cookery Class

Dear Anjie,

I am writing this letter to thank you for running the cookery class, I was a bit nervous about coming to this class with my 2 grandchildren, but we all really enjoyed it so much.

The reason I came with my grandchildren is because they live with us on a full time basis because of circumstances with their parents. It was very helpful to us as a family to have something free to go to, money is very tight now that we have 2 children to bring up with no financial support. I was hoping to be taking it easier now, but that wont happen as I to work 2 jobs to support them, so it was great that we didn't have to pay, also it was a great bonding experience for us all doing something together.

The children still like to make some of the recipes we made. I really hope you get more funding so you can carry on with the cookery classes you are doing a great job.

Thank you

Dear Anjie,

I just felt that I had to write and thank you for letting my granddaughter & I participate in your recent cooking classes.

Over recent years I've been struggling with an alcohol problem, but after a year in re-hab I have now been dry for 2½ years. So having had the chance to spend time on a 1-1 basis with my granddaughter Abigail, it was a wonderful opportunity to

bond, and I have found it's brought us closer and has strenghtend our relationship so once again "Thank you"